

Dr. Geeta Maker-Clark MD, ABOIM is a nationally recognized leader, speaker, educator, and advocate in the field of Integrative Medicine. She is the Director of Integrative Nutrition and Advocacy at Endeavor Health, Clinical Assistant Professor and Co-Director of the Culinary Medicine program at the University of Chicago, Pritzker School of Medicine, and faculty for the U Of AZ Integrative Medicine and Ayurveda Fellowship. Dr. Maker-Clark has spent two decades studying integrative medicine, nutritional science, botanical medicine, mind-body medicine, and natural childbirth in health clinics all over the world. She started the Food is Power program on the South Side of Chicago in Chicago Public Schools to empower youth with health literacy, through a curriculum that focuses on decolonized food education, food justice and sovereignty. Dr. Maker-Clark was recognized as a national leader in food justice activism with a Castanea Fellowship from 2019-2022 and the Mesa Refuge Michael Pollan Fellowship in Food Journalism in 2021. She was awarded by the American Nutrition Association for her accomplishments in the field of nutrition and Health and Medicine Policy Research Group with the Health Justice award. She is a widely requested speaker and is passionate about sharing knowledge and experience to help communities thrive.

Dr. Maker-Clark has consulted for non-profits that work with formerly incarcerated people who are now trained chefs, helping accelerate a program for healthy meals distribution for food insecure communities affected by COVID. She is well known for her teachings on the neuroscience of dance and neuroplasticity, translating cutting-edge research on brain rewiring, embodied cognition, and nervous system regulation into lived, experiential learning.

Dr. Maker-Clark believes in transforming the way we think about medicine and looks to ancient wisdom and modern struggles as opportunities to heal with the medicines that are all around us. As a woman of color, a community organizer, professional dancer, integrative physician and thought leader in the integrative medicine movement, her work aims to help communities be well nourished- the heart of healing in our society and country. Her upcoming book [\*Medicine for All People-Science and Ancient Wisdom for Revolutionary Healing\*](#) will be published in 2026, and is a compelling call to nourish what ancestral health wisdom has been forgotten.