

Food as Medicine Symposium

Date: Saturday, April 15, 2017

Time: 8:30 a.m. - 3:30 p.m.

Location: Evanston Hospital, Frank Auditorium

Cost: \$50.00/person

Program Details

Join us for the second annual Food as Medicine Symposium that will feature a full day of cutting edge nutritional medicine from expert Chicago faculty. This symposium is perfect for anyone looking to deepen their understanding of clinical nutrition. You will walk away with a stronger understanding of the application of therapeutic diets with speakers covering topics from IBS treatments to Alzheimer's prevention. Chef demonstrations, a delicious lunch and CME credit will be offered.

Featured Speakers



Plant Based Diet: What's the Evidence

Geeta Maker-Clark, MD
*Integrative Medicine
Symposium Chair*



Lunch and Chef Demonstration

Chef Jason Hammel
*Chef/Owner Lula Cafe and
MCA Culinary Curator, Chicago*



Nutritional Recommendations for IBS

Lena Palmer, MD
*Director of Clinical Nutrition,
Loyola Medicine*



Panel Discussion: Special Diets - TCM, Ketogenic and Intermittent Fasting

Leslie Mendoza Temple, MD, ABOIM
Medical Director, Integrative Medicine
Nicole Hohmann, LAc, MSTOM, FABORM
Traditional Chinese Medicine



The Role of the Microbiome in Food Allergies

Deeba Masood, MD
Allergy/Immunology



Alzheimer's and Brain Health: Impact of Dietary Choices

Smita Patel, DO, FAASM
Integrative Neurology



Sugar and Obesity

Lynn Chehab, MD
Public Health/Pediatrics



How Gardens Can Heal

Jeanne Nolan
Founder, The Organic Gardener Ltd

Registration

Advanced registration is required. There is no on-site registration and you must register by Friday, April 14. To register, visit northshore.org/foodsymposium.

Note

Approval for 5 hours of CME is pending. Please contact Elton Guillen at eguillen@northshore.org with any questions.